



Basketball League Rules and Guidelines 2019-2020

I. Sportsmanship

- a. Be like Christ. Read your parents contract online www.iam3rd.org

II. Equipment

- a. Jerseys will be provided. Black shorts recommended. Players must wear uniform on game day.
- b. All basketballs will be provided. Do not bring personal basketballs unless you are sure to take them back home with you. Basketball sizes are:
 - Size 5 (27.5"): Girls and Boys K – 2nd Grades
 - Size 6 (28.5"): Girls 3rd-6th; Boys 3rd-5th Grades
 - Size 7 (29.5"): Boys 6th-12th Grades

III. The Game

- a. **Team play rule** – Each team member must play time totaling 2 full quarters by the end of the game. Play will not stop for match-ups to be reassigned. *For k-2nd sub at end of quarter, 3th-12th sub at any time.*
- b. **Starting the game** – All games will start at designated times, providing each team has a minimum of four players and a coach. If there is not enough players each team will either be played one player down, or teams can share players.
- c. **Quarter Lengths by Division:**

Division	Quarter Length	Number of Players
Boys K	5 Minutes	4 v 4; Half Court
Girls K-2nd Boys 1st-2nd	6 Minutes	4 v 4; Half Court
Girls 3 rd -4 th Boys 3rd	7 Minutes	5 v 5; Full Court
Girls 5th-6th	7 Minutes	5 v 5; Full Court
Boys 4th-5th	7 Minutes	5 v 5; Full Court
Boys 6th-12th	16 Minute Halves	5 v 5; Full Court

- d. **Officials** – The League will provide referees for Boys 1st-12th and Girls K/1st-6th Divisions. Coaches will officiate the Boys division games. *K Coaches please bring a whistle to games and see note about coaching a K-team.*
- e. **Overtime** – 1 OT period for Boys/Girls 3rd -12th. If tied after the OT, game will end in a tie. OT period length – 2 min. Clock will stop the last minute of each OT period and each team will get 1 timeout in OT (timeouts do not carry over). All other divisions end in a tie.
- f. **Breaks/Timeouts** – Teams will get 2 timeouts per half and they do not carry over. There will be a 1-minute break between quarters and a 2-minute half-time break.
- g. **Defense** – Man-to-man required in Girls K-4th Grade; Boys K-3th Grade. Girls and Boys 4th Grade and up may play any defense. See note on double teaming.

- h. **Rules Violations** -In K-2nd, a warning will be issued the first half of the season for rule violations (unless otherwise advised by league officials) such as walking, double-dribbling, etc. For Grades 3rd - 12th, the rules violations will result in a turnover (we will be more lenient with the 3rd grade league, but calls will be called more closely than the K-2nd Divisions).
- i. **Full Court Press** - only allowed in the 4th Quarter for Girls 5th-6th and Boys 4th and 5th (unless 20+ pt lead). In the Boys 6th-12th, pressing is allowed any time (unless 20+ pt lead). Pressing is not allowed for Grades K-4th.
- j. **Rim Height** - For different divisions:
 8 feet: Girls K – 2nd; Boys K – 1st
 8.5 feet: Boys 2nd
 9 feet: Girls 3rd&4th and Boys 3rd
 10 feet: Girls 5th-6th and Boys 4th – 12th
- k. **Start of Game** - The game begins with a jump ball. After that, possession will alternate and be kept at the scorekeeper's table.
- l. **Wristbands** - In the K-2nd, each player will wear a wristband to correlate with the person her or she is defending. When teams meet at mid-court to start the game, coaches need to agree on matchups (if there is a disagreement in the 1st-2nd the ref has final say on the match-ups). Skill levels and positions should be the guide for this process.
- m. **Double-teaming in Boys K-3rd and Girls K- 4th** – is not allowed outside the lane (except in divisions that play zone). Play will be stopped and the players will receive a warning. After the one warning it is up to the Referees discretion when to award the offensive team one free throw and possession of the ball. Wristbands will determine which players are supposed to be guarding one another (switching for help defense is allowed; especially on screens and handoffs). The point is to teach man to man defense, therefore keep the intent of the rule in-mind rather than looking for ways around it or to exploit the rule for your team's benefit.
- n. **Disqualification** - A player is disqualified after receiving his/her 5th foul, technical fouls are assessed as one personal foul (except K-2nd divisions).
- o. **Technical Fouls** – Results in opposing team receiving two unguarded free throw and position of the ball. A player/coach that receives a technical foul will require a meeting with league staff, with potential to be suspended from next game. A coach ejected from a game will be removed as coach for the entire season.
- p. **Misc. Violation: Back Court Violation, 3 Seconds in the Lane, 10 Second Violation, 5 Second Violation for Inbounding and Defensive** – For Boys 4th – 12th and Girls 5th-6th only. For 3rd grade we will enforce the 10 second backcourt violation and the 5 second inbounding violation only!
- q. **Clock Stoppage** - The clock will stop the last minute of 2nd and 4th qtrs.. for Girls and Boys K-5th Grade divisions. It will stop the last two minutes of each half for all older divisions (2nd and 4th qtrs.). The clock will also stop on free throws, but will start again when the ref hands the ball to the free throw shooter on their second shot.
- r. **Mercy Rule** - The scoreboard will not show leads of more than: 10 points for K-2nd Grade, 20 points for 3rd-8th grade divisions, and the scoreboard will have the official complete score for the high school division. The official score will always be kept at the scorekeeper's table.
- s. **Weather cancellations** - will be made daily at 3pm (Sundays by 12:30pm) and Saturday morning by 8am. We will make an announcement on the Recreation Line 269-2800 x.503 and post a message on the league website (iam3rd.org) as well. Our email is IAM3rd@lexchurch.com.

All Rules are subject to change at any time through the judgment of I am 3rd Director & Staff