





Memory Verse for the 5yo: Galatians 5:22–23

"By contrast, the fruit of the Spirit is love, joy, peace, patience, kindness, generosity, faithfulness, gentleness, and self-control. There is no law against such things."

Week 1: What is I AM 3RD?

I AM 3RD is based on a simple belief that Jesus Christ is first, others are second, and I am third.

We strongly believe that Jesus Christ is the most important person in our lives. (Matthew 25:40)

Doing our best in everything: We want to work at everything with all our hearts, as if we are working for the Lord. (Colossians 3:23-24) Studying Scripture: We believe all Scripture is God-breathed (from God) and is useful for teaching, correcting, and training in goodness, so that through studying Scripture we may be equipped (ready) for every good work.

It is our prayer that we would gain a deeper understanding of what it means to follow Christ through our weekly devotions and times of prayer, in order to help us learn more about Jesus Christ and His importance in our lives. (2 Timothy 3:16-17)



Week 2: "By contrast, the fruit of the Spirit is love..."

This soccer season, we will be memorizing Galatians 5:22–23 together. This passage is often called, "The Fruit of the Spirit." This passage is one of the Bible's answers to the question, "What does it look like to follow Jesus?" Apple trees grow apples. That's part of how we know what kind of tree they are. Just like the fruit on a tree, the fruits of the Spirit show that someone follows Jesus and believes in him. The first "fruit" listed is love. We can tell that someone follows Jesus when they love people well. We know we are following Jesus when we love!

Questions:

What does it look like to love people? How can we love the people around us better?





<u>Week 3</u>: "...joy..."

The second fruit of the Spirit is joy. How awesome is it that we serve a God who wants his people to feel joy? This doesn't mean that Christians are always happy or never feel sad. God can handle all of our emotions; after all, He made us! Joy is not the same as being happy. We often have little control over whether we are happy or sad. To be joyful is a choice we make to not be overcome with sadness, anger, or other emotions for too long. We also find enjoyment in the beautiful things that God has given us, like the beauty of nature, the fun of playing soccer, laughing hard at a good joke, or eating tasty food. Even when things are hard, people who follow Jesus are people who find and choose joy.

Questions:

Is it ever hard to feel joy? What are some things that bring you joy?

Memory Verse:

"By contrast, the fruit of the Spirit is love, joy..."



Week 4: "...peace..."

The third fruit of the Spirit is peace. We live in a really busy world, and sometimes it's hard to feel at peace. But, like joy, peace isn't something we feel. It is a way of life that God helps us to have. Even when life feels super busy and crazy, we can ask God to give us peace. In the book of Philippians, Paul asks God for peace that goes beyond what makes sense. Even when you aren't feeling at peace, God wants to give you His peace and will help you find it when you ask Him though prayer.

Questions:

What does peace feel like to you? What is something you can pray for peace about?

Memory Verse:

"By contrast, the fruit of the Spirit is love, joy, peace..."

Week 5: "...patience..."

The fourth fruit of the Spirit is patience. Patience is the ability to move and act slow even when we want to go fast. Patience may look like not getting angry when we want our turn, or taking the time to pray before we eat our food when we are really hungry. We can also be patient with our emotions (Proverbs tells us to be "slow to anger"). It can be so easy just to feel and act without thinking, but God wants us to be patient people who take time to think before we speak or act.

Questions:

What makes you impatient? What are ways we can be more patient with each other?

Memory Verse:

"By contrast, the fruit of the Spirit is love, joy, peace, patience..."





Week 6: "...kindness, generosity..."

The fifth and sixth fruit of the Spirit are kindness and generosity. Being kind is something many of us have been taught and understand. Do you know what it means to be generous? Generosity is when you are happy to give something up for someone else. Like sharing your things or giving your time to someone who doesn't have a friend. People who follow Jesus should be kind and should be willing to offer what they have to others.

Questions:

What does kindness look like to you? What are ways you can be generous with your things or your time?

Memory Verse:

"By contrast, the fruit of the Spirit is love, joy, peace, patience, kindness, generosity..."



Week 7: "...faithfulness..."

The seventh fruit of the Spirit is faithfulness. Faith is a word people say a lot at church, but what does it mean to be faithful? It means keeping your promises to your friends, family, and to God. In other words, people who follow Jesus should be trustworthy and keep their promises. When we talk about faith in God, it's a lot like a promise to do what God tells us. God makes promises to us, too, and He always keeps His promises. Because God always keeps His promises, God's people should do the same.

Questions:

What is a way you can be faithful to God? What is a way you can be faithful to a friend or family member?

Memory Verse:

"By contrast, the fruit of the Spirit is love, joy, peace, patience, kindness, generosity, faithfulness..."

Week 8: "...gentleness..."

The eighth fruit of the Spirit is gentleness. We may think of gentleness as a different form of being nice or being soft with something fragile. This is certainly part of what being gentle is, but God is not just calling us to be delicate with fragile things. Some versions of the Bible use the word "humility" instead of gentleness here. Humility is when we think about other people before we think about ourselves. For example, maybe someone on your soccer team hasn't had the chance to score a goal yet. If you have already scored, it would show humility for you to give him or her a chance to score, too!

Questions:

What does gentleness look like for you? What is another way you can show humility?

Memory Verse:

"By contrast, the fruit of the Spirit is love, joy, peace, patience, kindness, generosity, faithfulness, gentleness..."



Week 9 "...and self-control. There is no law against such things."

The ninth and last fruit of the Spirit is self-control. Self-control is when we are able to make a good decision, even when our first thought is to make a bad decision. Self-control is the thing that helps us have all of the other fruit's of the Spirit! If we can control ourselves, it helps us to be more gentle, and kind, and loving to others. Sometimes our feelings can get the best of us When we are angry, scared, or sad we may say and do things we don't really mean, but when we take a moment to breathe, think, and pray, we can demonstrate the fruit of the Spirit inside of us.

Questions:

What are some ways you can have self-control? How would they help you live out the other fruit of the Spirit?

Memory Verse:

"By contrast, the fruit of the Spirit is love, joy, peace, patience, kindness, generosity, faithfulness, gentleness and self-control. There is no law against such things."

Great job! You memorized the whole passage for the season! We are so proud of you!



Week 10: Season Reflection and Review

Take a few minutes to reflect on this season.

Questions:

What are some memories you made? What will you take away from the devotional time this season?





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